

# connect

MAGAZINE



*follow*  
The Leader

Under the rule of our sovereign God, Carinya acknowledges the Gamilaroi people as the traditional custodians of the land on which the School is built.

As we engage as a community to discover a world made through Jesus for His glory, we recognise the continuing connection of Aboriginal and Torres Strait Islander peoples to this land.

We pay our respects to Elders past and present, and commit ourselves to the ongoing journey of Reconciliation as we enjoy God's grace to us through Jesus.

## CARINYA CHRISTIAN SCHOOL

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# from the Principal



## Follow THE LEADER

*Whoever walks with the wise becomes wise,  
but the companion of fools will suffer harm.*  
Proverbs 13:2

Leadership is a topic which often draws a great deal of attention. There are countless books that have been written on the topic of leadership and it is a common theme for many TED talks. If we reflect on our own lives there are people we have been influenced by, followed and worked under; we all follow a leader. The question is **“who do we follow and why?”**

**“To what will you look for help if you will not look to that which is stronger than yourself?”**

CS Lewis

An American Pastor, Jonathan Pokluda, wrote an article called “How to Ruin Your Life in Your Twenties.” In the article he stated that we are who we hang out with. In other words the people we associate with have a strong influence on our language, thinking, beliefs and ideas. It comes as no surprise that for young people this influence is even stronger as they navigate finding their own identity in their teenage years. As parents we need to speak into this space and consider:

- Who do our children follow?
- How do our children lead and influence others?

There is more emphasis in modern culture on leading others well, than encouraging people to follow well. The Bible speaks most about who we need to follow. And as the Scriptures testify, it is right to help your children to be a follower.

We need to encourage our children to follow others wisely. This means getting them to think who they follow and why, as well as considering if their influence is positive or not. It is like the quote from CS Lewis, **“who do we need to look for help; we need someone stronger than ourselves.”**

The Bible shows us that while we desire to follow people, we are first made to follow Jesus. The Bible provides endless examples of very ordinary people who God chose to lead. It was not their charisma or leadership skills which led to success but God at work in them. Being first led by him shaped their identity, purpose, decision making and character. This is also true of us.

Charles Spurgeon, a famous preacher in the 18th Century said, **“Man was made in the image of God, and nothing will satisfy man but God, in whose image he was made.”** We want our children to follow Jesus and we want them to lead and influence others well. Colossians 3:17 says “And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.”

At Carinya we want to develop children of character above personality, and to be children that are not easily led in the wrong directions. **To follow Jesus first and others wisely.**

*By Mr David Jones*

# faces of Carinya

**Peter Spence**  
Head of Junior School

**Josh Davis**  
Head of Senior School

**Peter Weary**  
Deputy Principal



**David Jones**  
Principal / CEO

**Bron Larkin**  
Head of Middle School

**Stephen Carter**  
Business Manager



**Katrina Telfer**  
Registrar and  
Office Manager



**Robyn Peterson**  
Receptionist



**Connie Peet**  
Office Assistant



**Shirley Phillips**  
Office Assistant



**Trudy Seaton**  
Office Assistant and  
CEO Admin Support



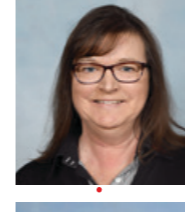
**Emma Gower**  
Student Health  
Care Coordinator  
(Sickbay)



**Katie Cook**  
Uniform Shop  
Manager



**Jolanda Homan**  
Assistant Business  
Manager



**Sharon Lanham**  
Accounts



**Lara Bickersteth**  
Accounts



## NEW STAFF AND APPOINTMENTS

Miss Briana Barton  
English / HSIE teacher

Mrs Helen Coonan  
K-6 teacher

Mrs Halley Knoll  
Science teacher

Mr James Phelps  
Year 3 teacher

Sarah Peterson  
Education Assistant

Mrs Liz Smith  
Year 1 teacher

Mr Peter Lalor  
PDHPE teacher

Since, then, you have been raised with Christ  
*Set your heart*  
on things above.

**Colossians 3:1**



**Robyn Harvey**  
*Science Coordinator  
Assistant Head of  
Senior School - Stage 6*

**Jane Carter**  
*English / Visual Arts / Drama  
Coordinator*

**Peter Maxwell**  
*PDHPE Coordinator  
Assistant Head of  
Senior School - Stage 5*

**Charles Bickersteth**  
*Sports Coordinator  
Assistant Head of Middle  
School - Stage 4*

**Aaron McDonald**  
*7 to 12 Learning Support Coordinator*

**Karen Ambler**  
*Assistant Head of Middle  
School - Stage 3*

**Peter Weary**  
*Music Coordinator*

**Brett Jarrett**  
*Mathematics Coordinator*

**Sean Gosson**  
*HSIE / LOTE Coordinator*

**Kylie Turnbull**  
*Admin / Timetable  
Coordinator*

**Jim Lamrock**  
*TAS Coordinator*

**Janet Pope**  
*Head of Learning Support*

## MIDDLE / SENIOR SCHOOL COORDINATORS

If your child has issues that arise within a particular subject, please feel free to contact the relevant coordinator via the Front Office. This could include matters regarding homework and assessments.

## ASSISTANT HEADS OF JUNIOR SCHOOL



Jill Bowd, Stage 1



Larissa Thistle, Stage 2

# school map

# 2023 Teachers



**LEGEND**

- 1 Reception
- 2 Registrar
- 3 Principal
- 4 Head of Junior School
- 5 Deputy Principal
- 6 Sick Bay
- 7 Meeting Room
- 8 Head of Middle School
- 9 Accounts
- 10 Staff Room
- 11 Sports Store
- 12 Grevillea Staff Room
- 13 PDHPE Staff Room / HOSS & Meeting Room
- 14 Senior Study Meeting Room
- 15 School to Work Liaison
- 16 Science / Maths Staff Room
- 17 English / Creative Arts Staff Room
- 18 ILP Rooms
- 19 7-12 Learning Support Coordinator
- 20 Head of Learning Support
- 21 Learning Support
- 22 Rock Climbing Wall
- 23 Gymnasium
- 24 Technology Staff Room
- 25 Kalyptos Staff Room
- 26 Wellbeing Office
- 27 Office Pod 2
- 28 Office Pod 3
- 29 Office Pod 4
- 30 Uniform Shop

- Staff Offices and General Areas
- Kindergarten Preparatory Program
- Junior School (Kindy to Year 4)
- Middle and Senior School (Years 5-12)
- Toilets

## JUNIOR SCHOOL TEACHERS

- Kindy Black:** Mrs Nicole Trickett  
**Kindy Red:** Miss Yvonne Abey  
**Kindy White:** Mrs Meredith Hutton  
**Kindy White (Friday):** Mrs Carolyn Hearn  
**1 Black:** Mrs Nerida Whalley  
**1 Red:** Miss Emily Lanham  
**1 White:** Mrs Liz Smith  
**2 Black:** Mrs Jill Bowd  
**2 Red:** Mr Grant Sproats  
**3 Black:** Mr James Phelps  
**3 Red:** Mrs Trish Martin  
**4 Black:** Mrs Larissa Thistle  
**4 Red:** Mr Markos Misikos  
**K-6:** Mrs Louise Flanagan, Mrs Helen Coonan

## 5-12 PASTORAL CARE TEACHERS

Pastoral Care Teachers meet with students each morning and are available to provide additional support to students. Notes regarding absences or uniform can be made directly to the relevant Pastoral Care Teachers, or to the front office via TASS Parent Lounge, email or written note.

## MIDDLE SCHOOL

- 5 Black** Mrs Karen Ambler  
**5 Red** Mrs Belinda Back  
**6 Black** Mr Thomas Babicci  
**6 Red** Mr Dave Paterson  
**6 White** Mr Philip Mattheus  
**7 Black** Mr Charles Bickersteth, Miss Briana Barton  
**7 Red** Mr Aaron McDonald, Mrs Esther Fotheringham, Mrs Jenny Speer  
**7 White** Mr Jono Norton, Mrs Lauren Ferguson  
**8 Black** Mr Jim Lamrock, Mrs Sue Woods  
**8 Red** Mrs Bron Larkin, Mr Dave Weekes  
**8 White** Mr Sam Chiswell, Mrs Ruth Adusu

## SENIOR SCHOOL

- 9 Black** Mr Steve Nott, Mrs Rebekah Lukins  
**9 Red** Mr Brett Jarrett, Miss Rachael Porter  
**9 White** Mr Jim Newman, Mrs Reanna Mepham, Mrs Leona Erasmus  
**10 Black** Mr Pete Maxwell, Mrs Halley Knoll  
**10 Red** Mr Sean Gosson, Miss Laura Jones  
**10 White** Mrs Deb Batley, Mrs Jane Carter  
**11** Mrs Robyn Harvey, Mrs Kate Hampstead, Mr Alan Hutchison, Mr Zac Lukins  
**12** Mr Josh Davis, Mrs Kylie Turnbull, Mrs Peggy Maxwell, Mr Neil Seaton

## HEADS OF SCHOOL

**Peter Spence, Head of Junior School**  
 spencep@carinya.nsw.edu.au

**Bron Larkin, Head of Middle School**  
 larkinb@carinya.nsw.edu.au

**Josh Davis, Head of Senior School**  
 davisj@carinya.nsw.edu.au

# TERM 1 CALENDAR



More info at [www.carinya.nsw.edu.au/events](http://www.carinya.nsw.edu.au/events)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
WEEK 1	30 JAN Term 1 Commences (Week A)	31	1 FEB K-4 Swimming Carnival Twilight Swimming Carnival	2	3	4
WEEK 2	6	7	8	9	10 CSSA Tennis Trials	11
WEEK 3	13 Middle/Senior School Picnic	14	15 Cape York Parent Night Year 10 & 11 Primary Super 8s Cricket	16 Junior School Picnic Primary Zone Swimming	17 UOW Discovery Day	18
WEEK 4	20	21	22 CSSA State Hockey Gala Day	23 NSW All Schools Triathlon	24	25
WEEK 5	27	28	1 MARCH Secondary Zone Swimming	2	3	4
			YEAR 12 STUDY WEEK			5
			YEAR 7-11 EXCURSIONS			

## 2023 TERM DATES

### Term 1

Monday 30th January - Friday 31st March

### Term 2

Monday 24th April - Friday 23rd June

### Term 3

Monday 17th July - Friday 22nd September

### Term 4

Monday 9th October - Thursday 7th December

## EXCURSIONS

There are many excursions which occur throughout Term 1, providing valuable learning opportunities as well as time for students and staff to get to know each other better. If the excursion is overnight, or involves travelling a distance from Tamworth, then written notification is sent home with a Reply Slip attached. For excursions which occur during the school day (Year 7-12 only), a text message is sent home at least 24 hours prior to the excursion.

**It is essential that your child's details in TASS Parent Lounge are correct and kept up to date if anything changes**, as excursion coordinators use this information for first aid and organising any relevant risk management, such as allergies and medications. Excursions are a compulsory part of our school curriculum and students are required to attend.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
6 Year 12 Mental Health Dinner	7	8	9 YEAR 6 EXCURSION YEAR 5 EXCURSION CSSA Primary State Swimming	10	11 K-6 P/T Interviews
13	14 K-6 P/T Interviews CIS Golf UNDRH Health Careers Forum	15	16	17	18
20	21	22	23	24	25
27	28 CSSA Secondary State Swimming King Tut Road Show (Year 7)	29	30	31 7-11 Interim Reports Posted Puckapunyal	1 School Holidays!

## REPORTS + PARENT TEACHER INTERVIEWS

Reports are sent to families throughout the year and contain information regarding your child's academic progress and application in class.

In **Kindergarten to Year 6**, parents will receive two reports across the year, in Terms 2 and 4. Parent/Teacher Interviews are held in the middle of Term 1 and Term 3.

In **Years 7 to 11**, parents receive three reports across the year (Terms 1, 3 and 4), and **Year 12** receive two reports (Terms 2 and 3). Following the reports in Terms 1 and 3, Parent/Teacher Interviews will be held at the start of Term 2 and middle of Term 3.

During each cycle of interviews parents can book via TASS Parent Lounge (the link to Parent Lounge can be found in the top red menu bar on our website).

## EXCURSIONS + EVENTS

The events in this calendar were correct at the time of printing, teachers will communicate all important excursion and event information and changes.



## STAFF PROFILE

Mr Markos Misikos

YEAR 4 TEACHER

**Where did you grow up?** I grew up in Athens, Greece.

**What is your job in the school and how long have you been doing it for?** I work as a primary teacher. I have been teaching Kindergarten for the last three years.

**What is the best thing about working in a Christian school?** I wholeheartedly enjoy being able to teach every subject from a biblical perspective as well as work with colleagues who put their trust in Jesus.

**What part of your own schooling do you think had the most significant impact on your life?** As a student, I was sometimes frustrated when I had to work hard to learn things that I considered unimportant. I later realised that it was the habit of working hard that was truly important and am grateful for having the opportunity to develop it.

**Name one other job you have done in your life and what did you enjoy, or not enjoy, about it?** I have worked at a pizza shop. I enjoyed having a good excuse to eat pizza regularly but cleaning up at the end of the day was not fun.

**What do you like to do in your spare time?** I like running, reading and playing classical guitar.

**Name one book (other than the Bible) you would recommend everyone to read?** The Godly Man's Picture by Thomas Watson. A great book for women too.

**If you had to live in another country for 12 months, where would you choose and why?** I would choose Switzerland. I went there on a holiday when I was a teenager and loved it.

**If you had 1 million dollars to spend in 24 hours, how would you spend it?** I would turn my house into a fancy library and buy a few extra bottles of Windex.

**What is your favourite food?** Roasted lamb with potatoes, of course.

**Name one practical way Jesus has made a difference in your life.** One of my favourite Bible verses is Colossians 3:23; "Whatever you do, do your work heartily, as for the Lord rather than for men." I try to remember this verse in everything I do. Following Jesus should shape us holistically. Every task can become an act of worship.

# Waratah Project

## The Waratah Project Networking - Term 4

The recent Waratah Project Networking Workshop held at Macleay Vocational College met the trifold purpose of ongoing AIS support for Waratah Project schools to both summarise their progress throughout 2022 and develop deeper understandings of On-Country learning and trauma informed care.

On Thursday, we visited a number of on country locations, to engage with and learn from the local Dunghutti community to develop a deep understanding for listening and learning from Country, especially Aboriginal knowledge and management of the land and waterways. We were immersed in traditional knowledge about landforms and waterways through stories and special places, cultural practice, kinship, knowledge, songs and art. We visited sites at Crescent Head and South West Rocks. Of particular interest was the Koala management strategy by the Fig Tree Descendants Aboriginal Corporation Descendants. The group recognise the values of the koala as an important cultural feature of the South West Rocks landscape and the importance of embedding Aboriginal cultural knowledge in all aspects of koala conservation and management. We were privileged to both hear and learn some story, songs and sign language to teach children in Junior School about Koala conservation, and also visited some Koala habitat trees in the Arakoon National Park.

At the Friday AIS conference, the key speakers were survivors from Kinchela Boys Home. They each told their story of their forcible removal from their family, assimilation, hard farm labour and often brutality experienced at the home.

They talked of life after the home and the intergenerational continued trauma, linked to their children and grandchildren as a result. The session was deeply impactful and provided insights into the impact of trauma and the ongoing effects from generation to generation.

## Galatians 3:28

*There is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus.*

## World Indigenous People's Conference on Education 2022

Another exciting highlight of the Waratah Project was the involvement of members of our Hub Group from Carinya and the Gawura School attending the 2022 WIPCE conference in Adelaide. The conference drew educators from across the globe to share successes and strategies for culturally grounded education, attracting education experts, practitioners, scholars, students and communities, making the conference one of the largest and most diverse indigenous education forums in the world. The conference featured a program of keynote presentations, networking, interactive workshops, yarning circles and master classes with a rich and diverse cultural program.

*By Esther Fotheringham*





# Duke of Edinburgh Award

The Duke of Edinburgh Program is an international award that encourages young people to set and achieve goals, improve their physical well-being and contribute to their community. It's a fantastic way for participants to build resilience and develop independence.

The Award is made up of Voluntary Service, Physical Recreation, Skills and Adventurous Journey sections. In conjunction with their Award Leader, participants design an individual program of activities in order to meet the requirements of the course.

At Carinya we offer the Duke of Ed program to students in Years 9-12. Through it, we have enjoyed seeing students grow in their confidence, willingness to serve and relationships with each other and the wider community. **Please consider the Duke of Ed Award for your child.**

The Duke of Edinburgh website has great information if you want to learn more, and I'm more than happy to answer any questions you might have.

In 2022 students enjoyed God's beautiful creation at Gilbralter Range And Cathedral Rock National parks.

*Rachael Porter* (Duke of Edinburgh Award Leader)



# The Sport Run Down

Colossians 3:17

**And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him.**



**Charles Bickersteth**  
Sport Coordinator

What a year 2022 was. I feel like it's been said a lot, but as sport gets back to normal post-Covid, we have seen our students whole-heartedly re-engage in sport. Over 300 students in Year 3-12 are participating in extracurricular sport, ranging from local team sports to gala days and carnivals. School swimming, cross country and athletics carnivals meant that the majority of students are relishing the chance to engage in physical activity. **This is not only improving their physical health but also their social, emotional and mental health too.**

2023 looks to be even busier. Our 4 weekly sports of Oztag, cricket, basketball and netball all continue to grow with more teams being entered every year. Our two largest sports, basketball and netball, continue to grow with students from Year 3-12 participating. We've recently been able to secure funding from the government via the Sporting Schools grants; "an Australian Government initiative designed to help schools increase children's participation in sport and connect them with community sport opportunities". Through this grant we were able to have Tamworth Basketball run a weekly clinic in Term 4 2022 for all students in Year 1-4. Tamworth Netball will be running a weekly clinic during school for Year 1-5 students in Term 1 2023. It is hoped that these clinics will give the students the skills and confidence to participate in both our Carinya Netball and Basketball teams.



## Carinya's Production of

# Disney THE LION KING JR

The performances of the Lion King Jr were a special way to finish the year. It was wonderful to see students from Junior School right through to Year 12 use their God-given gifts to contribute to this musical. Students and staff worked in various capacities from on-stage through to lighting, sound, back-stage, hair, makeup and costumes.

It was a real joy not only to see the students perform so well but the whole community work together. A big thanks to all who supported the performances of the Lion King Jr. It is great (and slightly scary) that students are already asking what the next musical will be!

1 Corinthians 10:31

...DO IT ALL FOR THE GLORY OF GOD.



# junior school

Peter Spence  
Head of Junior School

spencep@carinya.nsw.edu.au



nurturing

## Follow The Leader

As a Primary School child, most people probably played the game, "Follow the leader." This created class unity and taught children to work together. It is a simple game where one child is the leader and everyone else has to copy their actions. Leadership isn't really about being the one in charge and having everyone else do exactly what you tell them. In fact, as children learn to lead, taking the, "I'm the boss, do what I tell you," approach brings much conflict. No matter whether the position of leadership is formally recognised or not, someone will lead, for good or bad. What qualities should we encourage in children who show leadership?

Firstly, we want the leader to be trustworthy. If they say they will do something, they do it. We encourage them to commit to something and not wait for a better offer. This could be as simple as they have been invited, and accepted, an invitation to Suzie's party and then Maggie invites them. They really would prefer to go to Maggie's party but they have already committed to Suzie. As a person of their word, they go to Suzie's party. The Bible puts it simply: **let your yes be yes and your no be no (Matthew 5:37, James 5:12)**. This quality of trustworthiness is something we must help our children develop.

Servant-heartedness is the second quality we want to encourage in our children. Good leadership is not about being in-charge but about helping those around you. History is full of 'leaders' who forgot this - people like Emperor Nero and King Henry VIII. At best, they leave a trail of damaged and broken people behind them. We often talk, at Carinya, to Junior School children about being Community Builders. Good leaders are always community builders!

## Dates to remember...

K-4 Swimming Carnival  
Wednesday 1st February

KPP - 4 Picnic  
Thursday 16th February 5:30 - 7:00pm

Parent Teacher Interviews (K-6)  
Saturday 11th March and Tuesday 14th March

NAPLAN (Year 3)  
Wednesday 15th - Monday 27th March

They look for ways to make the school better today than it was yesterday. As a child, this could be asking a child who is on their own to play with them, or simply picking up a piece of rubbish as they walk by. **Jesus is, of course, the ultimate example of the servant leader.** He had all the power yet chose to serve. He was never self-seeking, rude, demanding or boastful.

Even as a young child, we want leaders who embrace change, whose mindset is one of growth. This is not always easy! A good leader recognises that everybody can grow and change. The whole process of schooling is based on learning new skills and knowledge. A good student leader is going to enjoy the process of learning, faithfully applying themselves and encouraging others to act likewise. Part of this process of growth and change is being able to forgive others when they get it wrong. Children are learning all the time what it means to be friends, to live and work in community - they are going to make mistakes. Nobody wants those mistakes held against them forever. Even as a child, a good leader will forgive others when they make mistakes and allow them to change.

As adults we don't often think about leadership in children. In a K-6 school we might think about it in terms of Year 6 leaders. In a K-12 school it jumps further as we focus on Year 12 students. This shouldn't be the case though as children, no matter the age, can be leaders. **Encouraging good qualities such as trustworthiness, servant-heartedness and a growth mindset, so that they lead well, is what our focus should be.**

DON'T FORGET

COVER ALL BOOKS & RETURN ASAP!

BRING WATER BOTTLE & FRUIT / VEG EVERY DAY

LABEL ALL BELONGINGS CLEARLY

YEARS 1-4 DON'T FORGET YOUR ART SHIRT!

# Term 4 in K-4

## Psalm 104:24

24 How many are your works, Lord! In wisdom you made them all. ....  
the earth is full of your creatures.

### Kindergarten, Year 1 and 2

K-6 students participated in our "Going Up Day". This is an opportunity to meet their new teachers for 2023, explore new classrooms and ask any questions they may be curious about. This is such an important step to create a smooth start to the new year where students feel comfortable and safe.



### Year 3

During Term 4, Year 3 studied the force of air resistance through making and testing their own paper planes. Throughout the term Year 3 have had many opportunities to explore life in God's world.



### Year 4

Year 4 and their parents had lots of fun during our Poetry Cafe. Students learnt about different styles of poetry and then wrote their own literary masterpieces, experimenting with structure, rhyme, metaphors, repetition, and alliteration, as well as exercising their imagination.





## Meet Mrs Helen Coonan

**Where were you born?** I was born in Camden NSW. My family and I moved to Wauchope, NSW when I was five so that's what I would say I remember as my childhood home. I then moved to the Central Coast to attend The Newcastle University-Ourimbah campus.

**How long have you been married?** My Husband Dan and I were married in June of 2013. So 2023 will be our 10 year anniversary!

**How many children do you have?** We have two beautiful daughters, Olive who is five (she will tell you that she is five and a half!) and our newest addition, Elsie who is seven months old.

### What is your favourite

**Takeaway** - Thai food.

**Ice cream flavour** - My top 2 would be salted caramel and cookies and cream.

**TV Show/ Series** - Cooking shows and Call the Midwife.

**Hobby/ Pastime** - Gardening and reading when I get the chance.

**Other than the Bible, what book has had the greatest impact on your life?** "The 21 Indispensable Qualities of a Leader" by John Maxwell. I worked my way through this in my early years of teaching and I found that I am a better teacher because of it.

**How old were you when you became a Christian and what was the thing that changed the most in your life from it?** I was 12 when I became a Christian. I grew up in a Christian home but I was at a PY winter camp when I realised that it wasn't going to church with my family that made me a Christian but that I needed to have Jesus as my saviour and have a relationship with him. I think the thing that has changed the most is that I live my life for Jesus and not for myself. I want my life to be a reflection of what God has done for me and for others to see that all that has happened has been God's plan over my life.

**What do you love about your job?** I am so passionate about children's development and how critical those early years of their life are. Children are such a wonderful gift and it's such a pleasure to be able to be with them every day. God has placed it on my heart to nurture and love children and so it's a blessing that I also get paid to share with them about Jesus and let them know that we are made in his image and all that they do is to bring glory to Him!



## Play Therapy

*'For children, toys are their words and play is their language'*

**Gary Landreth**

For children, play is their first form of communication. For this reason Play Therapy is considered an appropriate form of counselling to be used with children aged 3 - 11 years and beyond. **Toys, sand, art, drama and music are used to help children 'play out' what is happening for them in a safe and supportive environment.**

Play Therapy is also used in groups to help children learn about acceptable behaviours with peers and learn about **how they can be supportive towards others in their own life.**

Carinya will be starting Play Therapy in Term 1, 2023 with Melinda Attard. Many of you may know Mrs Attard as an Education Assistant in Junior School. Melinda also has a Bachelor of Education in Early Childhood and a Graduate Diploma in Counselling. **Her love of children's play, communicating with children combined with her counselling skills, has led to the introduction of Play Therapy at Carinya.**

Examples of students using play therapy might be; when out of character behaviour arises, change in family situation or loss. If you feel this is relevant to your child, please speak with your child's classroom teacher.

Collaboration with parents will be done prior to the session. Sessions will be approximately 30 minutes and students can be seen up to five times, and if needed, referred to external therapists.

**We are excited to introduce Play Therapy at Carinya and hope that it will help the children in our community.**

### Psalm 139:14

*I praise you because I am fearfully and wonderfully made, your works are wonderful, I know that full well.*



# Australia

Poems by Year 4 (2022)

## Our Unique Land

In this country, we respect our differences  
Like red soil and our pink salt lake  
We have Uluru and also Hope Springs  
Lamingtons and pies that we like to bake

We have the dolphin that lives in the ocean  
Amazing animals like the Tasmanian devil  
There are destinations like the Sydney Harbour  
Places like Uluru that really aren't level

Dingoes and birds that don't really fly  
Aussies cooking barbies and hopping kangaroos  
Elegant black swans and dusty dry land  
Happy families and annoying cockatoos

By Chloe Spencer

## Outback

"G'day" says the brown snake  
Kangaroo's in a pout  
"Care for some sponge cake?"  
"No, we're in a drought!"

Out in the outback, near Uluru  
Your sis has Nana's favourite mug  
Your brother is eating meat pies  
Drop, spit, flash, we're now in a flood

On the hot dry land  
Out in the outback  
Eagles in the sky  
Home to emu's race track

By Aurora Ridoux

## One Big Island

Here on the island  
We have kangaroos  
The Sydney Harbour Bridge  
And of course, Uluru

We have the Opera House  
Some cockatoos  
Cuddly koalas  
And speedy emus

Some shy echidnas  
A rabid dingo  
The dusty outback  
And good 'ol bingo

We eat weetbix  
And visit the lake  
Find big spiders  
And eat sponge cake

By Elijah Coppard

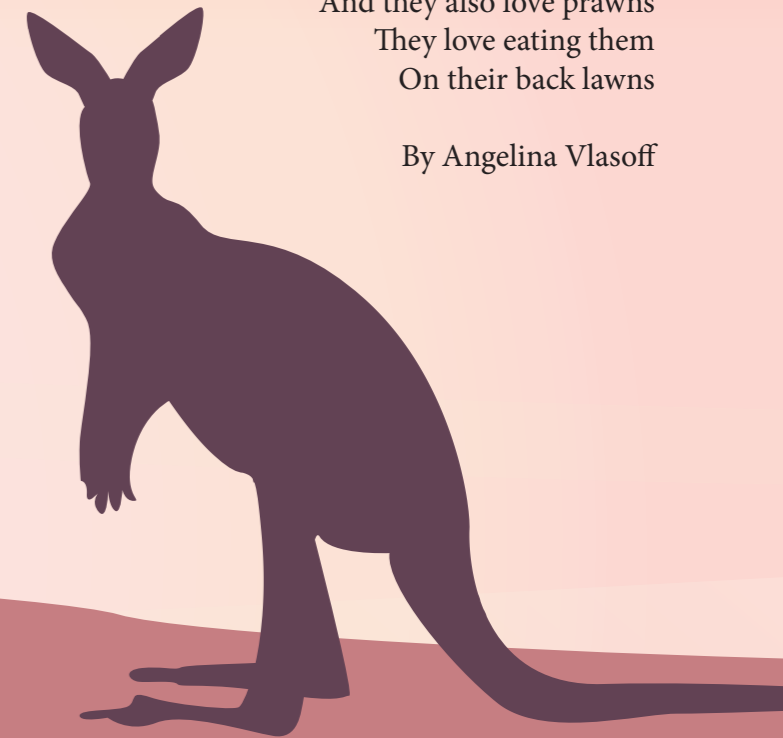
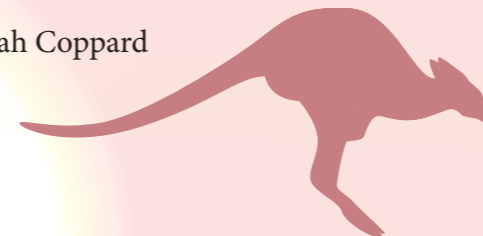
## When the Drought was around

Australia is hot and dry  
There was no water in the drought  
It was boiling back then  
Kangaroos were all about

Now there's some rain  
On the rocky beaches  
Where there's some fish  
And some slimy leeches

Everyone loves a meat pie  
And they also love prawns  
They love eating them  
On their back lawns

By Angelina Vlasoff



# middle school

Bronwyn Larkin  
Head of Middle School

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Sometimes at netball training we play 'follow the leader' as a warm up activity. Why do we do this? There are so many reasons. One player gets to be the leader, and they love it. Players have to pay attention to the leader, they have to follow the directions, they are using their brains as well as their bodies and it's fun. The leader also has a responsibility to lead the players well.

As we emerged from the shadow of COVID last year, Year 8 did some work in Pastoral Care where they thought about the ways in which they could lead in Senior School. Some students had the opportunity to lead assemblies and contribute in other public ways. Most students identified that leading should be carried out in the context of serving others.

Leadership is a double edged sword. With the privilege of leading others, comes the great responsibility to lead people in the right direction and care for them along the way. **The best leaders serve those whom they lead.** Students at Carinya hear this message often. In all things, we look to the Bible for the supreme example of leadership in the Lord Jesus. Jesus came into the world as a man, was obedient to his Father in all things, even to a horrific death on the cross.

**Matthew 20:26-28 says, 'Instead, whoever wants to become great among you must be your servant and whoever wants to be first must be your slave-just as the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.'**

We will continue to encourage our students to follow the one leader who will never lead them astray, Jesus of the Bible.

## Dates to remember...

**Twilight Swimming Carnival**  
Wednesday 1st February

**Middle and Senior School Picnic**  
Monday 13th February

**Science and Engineering Challenge (Year 8)**  
Tuesday 28th March

**Science and Engineering Challenge (Year 6)**  
Thursday 30th March

**Puckapunyal**  
Friday 31st March



growing

# Term 4 in Middle School

## ROCK CLIMBING (Year 5)

In Term 4 Year 5 were joined by Year 10 who helped them as they expanded their rock climbing skills, The students were able to discover their limits in a safe community as they supported and encouraged each other.



## ROBOTICS (Year 6)

Year 6 explored the world of robotics this term. They had the opportunity to learn how to program Edison robots and even control them with TV remotes.



## EXCURSION TO NUNDLE (Year 7)

Year 7 had the opportunity to head to Nundle during Term 4; this was a great way to cement the relationships that had been formed during the year and continue to build community; it was also lots of fun!



## LEADING THROUGH SPORT (Year 8)

In 2022 Year 8 grew in many areas; one of those was leading in, and through, sporting teams by coaching and participating in teams; even joining mixed-age teams where they could come alongside younger players assisting them as they learn and grow in community. Sport is a valuable environment for students to build relationships and discipline.





# senior school

Josh Davis  
Head of Senior School

davisj@carinya.nsw.edu.au



Welcome to 2023! I hope that your children have enjoyed the break and are keen to continue learning about God's world. **Our aim again this year will be to keep Jesus central to the things that we do in Senior School and hold firm to the foundational characteristics of the school.** We will also pursue fresh ideas and continue to look for ways to improve what we do.

We look forward to welcoming new families and students into Senior School and continuing our partnership with existing families.

#### Assistant Heads of Senior School

It is exciting that Mrs Robyn Harvey and Mr Peter Maxwell have been appointed to the role of Assistant Heads of Senior School. Mrs Harvey will be primarily working with Year 11 and 12 and Mr Maxwell will be working with Year 9 and 10. They both bring a range of skills, passion and experience to their jobs and will be a great asset for the Parents, Students and Teachers in Years 9-12.

#### Year 12 Graduation 2022

The Year 12 Class of 2022 celebrated the conclusion of their schooling at Tangaratta at the end of the year. It was a great time together, enjoying some good conversation and reflecting on God's goodness to us over the past 13 years. **We trust that as they move onto the next phase of their life that they will remember Carinya fondly and be encouraged to follow Jesus and serve him with the gifts and skills they have been given.**

It was lovely to hear some of the students speak on the night and was great to hear the student speech finish with this reflection:

*"Whilst as young adults we are about to embark on a exciting new phase of our lives, the Bible reminds us that things may not always go to plan and that we are likely to experience unexpected challenges, but as we have learnt at Carinya we can have hope in the hardest times, because of who God is and what He has done."*

## Dates to remember...

**Twilight Swimming Carnival**  
Wednesday 1st February

**Cape York Parent Information Night**  
Wednesday 15th February

**Middle and Senior School Picnic**  
Monday 13th February

**UNDRH Health Careers Forum**  
Tuesday 14th March

**Year 12 Mental Health Dinner**  
Monday 6th March

**Charles Sturt Uni Schools Visit Day - Year 12**  
Monday 27th - Tuesday 28th March

**UNE Open Day**  
Friday 5th May

**Careers Expo School Visits Year 10 & 12**  
Wednesday 17th May 9:30 - 2:00

**Careers Expo Parents Information Night**  
Tuesday 16th May

**Puckapunyal**  
Friday 31st March



# School to Work.....



**Chris Davis**  
School to Work Liaison  
[davisc@carinya.nsw.edu.au](mailto:davisc@carinya.nsw.edu.au)

Mrs Chris Davis is our School to Work Liaison and will be available for appointments on Tuesdays, Wednesdays and Thursdays, or by email throughout the week. Mrs Davis is the person to contact if you have queries regarding future work or study pathways, external education (Distance Education and TAFE courses in Year 11 & 12) and Work Experience. The Year 10 Work Experience program will be running in the last week of Term 2 (19th - 23rd June) and the last week of the winter holidays (10rd - 14th July).

Students and parents are able to access the latest Careers related information any time via the Careers Google Site. The site contains information about the latest careers news and events, positions vacant, how to get an apprenticeship, applying to university, colleges and TAFE, as well as a range of career exploration tools and tips for writing resumes and cover letters.

Careers appointments can be booked via the Google Site, and students and parents may also care to 'like' the Carinya Careers Facebook page and the 'Careers@Carinya' Instagram page in order to receive reminders and careers news as it becomes available.

Mrs Davis will spend time during Pastoral Care with Senior School students, advising on important and current careers news. She will advertise via email to students and parents the Careers related events that are on throughout the year.

Colossians 3:23  
**Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.**

## Getting to know our Student Leaders



### Meet Ava Hawkins

#### Why did you become a Student Leader?

I became a student leader because I thought it was a great opportunity to be able to give back to the school community. As well as having an influence, being a role model and being able to support the younger years within the school community.

#### What activities would you like to be involved in as a Student Leader this year?

I would love to be involved in representing the school at different events within the school and Tamworth community, helping to organise fun events for the school (E.g. fundraisers) and be involved in different activities with the younger years in the school.

#### What impact would you like to leave the school community with at the end of the year?

I would like to leave the school community with the impact that in everything you do it is important to be kind, inclusive and care for each other over ourselves.

#### What is your favourite takeaway food?

My favourite takeaway food is Thai - Chicken and cashew nut.

#### What is your favourite movie?

My favourite movie is the first Sing.

#### What is your favourite school subject?

My favourite subject in school is CAFS.

#### What do you want to do when you leave school?

When I leave school, I would like to go to Uni to study a Bachelor of Teaching in Early Childhood and Primary, specialising in behavior and inclusion.

## Getting to know our Student Leaders



### Meet Nina Ko

#### Why did you become a Student Leader?

To have the opportunity to serve the school and God, build relationships with younger kids and mentor them and act as a good role model for them.

#### What activities would you like to be involved in as a Student Leader this year?

I am keen to be involved in activities like fundraising and sporting events and through this I hope we can form better relationships with younger kids and make a difference.

#### What impact would you like to leave the school community with at the end of the year?

Seek God's grace. I want to be a good role model that represents the Christian values and to serve one another faithfully.

#### What is your favourite takeaway food?

Poke Bowl (Hawaiian Salad).

#### What is your favourite movie?

Mamma Mia.

#### What is your favourite school subject?

Art and Korean

#### What do you want to do when you leave school?

Become a Fashion Designer and a business owner.

# What it means to be a ..... STUDENT LEADER

**For even the son of man did not come to be served, but to serve, and to give his life as a ransom for many.**  
- Mark 10:45

Carinya as a school strives to be inclusive in everything they do, and this includes their approach to student leaders. Many schools pick and choose certain students to lift above the others, elected by popular votes from their peers, or influenced by their success in school, Carinya instead chooses to allow us to nominate ourselves.

This decision to recommend ourselves as leaders and the gift of those beautiful badges are informed by our character, but even more our attitude; the desire and motivation to help others as much as we can, regardless of our own wants or needs. **Carinya has modeled this on the ultimate example of selflessness; Jesus.**



by Sarah Smith  
Year 12 Student Leader

He ate in the company of sinners, those who were labeled as outcasts to society, favouring them over those who have the most money or the most expensive houses and elaborate clothes. **He sacrificed his money, his time, his status and at the very end, his own life in order to support others. Is that not the best example to look to?**

Through the system of student leaders, Carinya urges that we apply this mindset to our treatment of others in the school generally. As student leaders, we strive to create the ultimate inclusive community, one whose relationships are strong, and break the barriers between year groups.





# Jimmy Mirou

## Alumni Profile

### 1. When did you finish school?

I finished school a long, long time ago in 2008 – even before the time of ATAR.

### 2. What was your favourite subject at school?

Physics and in particular the medical physics elective.

### 3. What was your favourite excursion when you were at school?

The optional excursion in Year 9 to the Kingdom of Tonga. This was a real eye-opener to how people live in a country with far less than we have here in Australia. Despite how little the people of Tonga have, they share everything they can – this was inspiring.

### 4. What was your dream job you were hoping to do when you were at school?

I really wanted to become a doctor.

### 5. What has been the best movie or book you have read since leaving school?

Can I break the rules here and mention my favourite podcast (how very modern)? The podcast Undeceptions by Dr John Dickson has been a real source of fascination and encouragement to me. To be brief, I have enjoyed listening to this podcast as it answers a lot of questions about Christianity - not shying away from the hard ones – and shines a light on how through one man in history, Jesus Christ, the world has been radically changed for the better. I would encourage all – current students and adults – to listen free online to this one-of-a-kind series, and I hope you find it as helpful and fascinating as I have!

### 6. What were some of the things you enjoyed about your time at Carinya?

Carinya is a unique school that has strong convictions and aims to function by those convictions. No matter the school subject or staff member interacted with, Jesus' impact on the world is made evident frequently. There is also something nice about the school including children from prep until year 12, where older kids can be role models for the younger ones.

### 7. What have you done since you left school? (study/ work/ family/ what and where?)

As I mentioned earlier, my dream job was to study to become a doctor, however I missed the mark and was instead accepted into my back-up plan which was into Newcastle Uni for Medical Radiation Science, which I ended up really enjoying and so I stuck with it, graduating in 2011. In my graduating year, I married my wife Nilm and together we have two girls, Elena and Grace. In terms of work, I have worked for the same company since 2012 as a radiographer, taking x-rays, and performing CT scans. I am currently training to do MRI scans with a machine that has a magnet 60,000 times stronger than Earth's magnetic field – it's incredible, and expensive!

### 8. Where do you live and what is your job now?

We live in Tamworth and I am currently working as a radiographer at Castlereagh Imaging.

### 9. What advice do you have for kids in Year 12 and as they think about life after school?

Advice I would love to be able to go back and tell myself when I was in Year 12: your life is not defined by your HSC mark or what job you pursue afterwards. Far more important is being faithful in all that you do, whether studying or working.

### 10. What is one way Jesus has changed your life?

Jesus has imparted on me a real sense of the infinite worth of each person in the world. Every individual person has been made in His image which separates us from any other part of creation. One practical way this truth impacts my daily life is at work, where I have the privilege of looking after patients, some who are very unwell, to make them as comfortable as possible when they are receiving scans for various reasons. Knowing each person is made in His image encourages me to treat every patient with dignity and respect. Jesus demonstrated this truth on many occasions where He showed love and compassion toward all kinds of people, from the rich and self-important, to the lowest outcasts of society.





Carinya

CHRISTIAN SCHOOL  
*From Christ and For Him*

[www.carinya.nsw.edu.au](http://www.carinya.nsw.edu.au)