

## CROSS COUNTRY CARNIVAL 2024

Dear Parents and Carers,

The Carinya Christian School Cross Country Event will be held on **Wednesday 8th May, 2024** (Week 2 Term 2). The carnival is an important time in our school community and is a great way to participate in physical activity while enjoying God's creation. Please refer to the following details for specific information. Parents are welcome to attend.

- When?** **Wednesday 8th May, 2024**  
Periods 1 & 2 - Year 7-10 (Secondary)  
Periods 3 & 4 - Year 2-6 (Primary)  
Periods 5 & 6 - Year 11-12
- Where?** Carinya Christian School, farms and sports areas.  
Students will walk the course in PDHPE lessons in Week 1.
- Who is it for?** The cross country is compulsory for all students in Year 2 to Year 10. Year 11 and 12 will have the option of running. The top runners will be selected to represent Carinya at State level in Sydney later in the term. If you are unable to run, you should walk the course at a brisk pace. Written notice from parents is required if students are unable to walk on the day.
- Students need:**
- All children need to wear their sports uniform on the day, including hat.
  - **Please** ensure all clothing is named clearly
  - Water bottles
  - Asthma medications
  - ***All books & equipment for Periods 1-6, in case of a wash out, or early finish.***
  - Running shoes are OPTIONAL (students need to wear white sneakers to school and can change into running shoes for the race.)
- General:** Students will assemble on the small oval at the start of the period allocated to their age group (their age on 31/12/2024). Race order will follow the Program of Events and the distances each age group will run are shown overleaf.

Parents are most welcome to attend and to encourage the kids in their participation.

**Please note that the gates on Raywood drive will be closed at 9:10am and re-opened at 2:40pm, to ensure students safety whilst competing.**

Please contact me at the school if you have any further questions.

Warm Regards,

Mr Charles Bickersteth

### Program of Events

<b>AGE</b>	<b>Distance (km)</b>
16 YEAR OLDS	4 (Girls); 6 (Boys)
15 YEAR OLDS	4
14 YEAR OLDS	4
13 YEAR OLDS SECONDARY	3
12 YEAR OLDS SECONDARY	3
<b>RECESS</b>	
12 / 13 YEAR OLDS PRIMARY	3
11 YEAR OLDS	3
10 YEAR OLDS	2
8/9 YEAR OLDS	2
<b>LUNCH</b>	
17/18 YEAR OLDS	4 (Girls); 6 (Boys)