



Carinya

CHRISTIAN SCHOOL
From Christ and For Him

TAMWORTH

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LILLY PILLY PREP NEWSLETTER

Term 1, Week 3



Dear Parents and Carers,

Thank you so much for partnering with us at Lilly Pilly Cottage. We have had a wonderful start to the year filled with play-based learning, singing, exploring, and learning more about God and His world. This newsletter will come out twice a term. It is designed to give you a little glimpse into life at Lilly Pilly and to partner with you, OUR families to build community. We DO welcome your feedback; your input and we are committed to 'home and school together'.

BIBLE OVERVIEW:

We are spending time exploring who Jesus is and the power that He has. Did you know that Jesus has power over sickness, the weather, and over death? We have been learning John 1:1 as our Bible verse and singing an Emu Music song 'Who is this Man?'. Perhaps your little one can sing it for you and do the actions.

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| 1. Jesus' birth | Luke 1: 26 - 38 |
| 2. Jesus is God's Son - Jesus' Baptism | Mark 1:1 - 11 |
| 3. Jesus has over wind and waves - Jesus calms the storm | Mark 4:35 - 41 |
| 4. Jesus has power over food - The fish and loaves. | John 6:1 - 14 |
| 5. Jesus has power over animals - Catch of the day | Luke 5:1 - 15 |
| 6. Jesus has power over sickness - Jesus heals the paralysed man | Mark 2:1 - 12 |
| 7. Jesus has power over death - Jairus' daughter | Mark 5:21 - 43 |
| 8. Jesus came to seek and save the lost - Jesus is crucified | Matthew 27:45 - 56 |
| 9. Jesus is Risen - He is alive | Matthew 28:1 - 10 |
| 10. Jesus is King in Heaven - He will return | Acts 2: 9 - 22 |

BIBLE MEMORY VERSES:

[John 1:1](#)

In the beginning, was the word,
and the word is God.

[Joshua 1:8](#)

Listen, learn, obey the word of
God.

TERM 1 SONGS:

- [God's Map the Bible](#)
- [Who is this man?](#)
- [Turn your Eyes](#)
- [One Step, Two Steps](#)
- [The Best Book to Read](#)
- [Oh Be Careful Little Eyes What you See](#)
- [Jesus is the Boss of the Fishes in the Sea](#)

PIP AND POSY/ZONES OF REGULATION:

Our Preppies have been exploring how to identify our various feelings. We use a series of books called Pip and Posy to explore our feelings.

We have talked about feeling:

- tired and sad in the blue zone
- happy and calm in the green zone,
- silly and loud in the yellow zone,
- angry and cranky in the red zone.

Helping children to identify their feelings and promoting safety (of ourselves and others) provides a framework by which we can support children to own each emotion and to support them as they learn emotional regulation.



We reiterate that every emotion is a valid emotion, however we need to keep ourselves safe, and others safe and ask for help as needed.

You can read further about Zones of Regulation [here](#).

The ZONES of Regulation

			
Blue Zone Sad Bored Tired Sick	Green Zone Happy Focused Calm Proud	Yellow Zone Worried Frustrated Silly Excited	Red Zone overjoyed/Elated Panicked Angry Terrified

You're invited!

PAINTING & PARTY HATS

WEEK 9: Monday 25th March – Thursday 28th March

2:15pm - 3:00pm

You are welcome to pop in from 2:15pm to paint a picture with your child. Your child may wear a sunsafe 'PARTY' hat or play hat from home for the week. We will send out an RSVP closer to the date.

2024 TERM DATES:

- TERM 1** Tuesday 30th January - Friday 5th April
- TERM 2** Monday 29th April - Friday 28th June
- TERM 3** Monday 22nd July - Friday 27th September
- TERM 4** Monday 14th October -
Tuesday 10th December

GETTING IN TOUCH:

Please do connect! We LOVE working in partnership with you - our parents! If you'd like to check in or ask a question, you're welcome to use the Boomerang Book or catch staff at drop off or pick up or send an email. Please be aware email communication is limited during school hours.

OUR STAFF

BILLY BUTTONS ROOM LEADER:
FLANNEL FLOWERS ROOM LEADER:
LILLY PILLY COORDINATOR:

Sasha Crothers: crotherss@carinya.nsw.edu.au
Ashleigh Anderson: andersona@carinya.nsw.edu.au
Bec Dye: dyer@carinya.nsw.edu.au

Team Lilly Pilly



Mrs Helen Kotwa, Mrs Kate Anthony, Mrs Ashleigh Anderson,
Mrs Rebecca Dye, Mrs Heidi Spence, Ms Sasha Crothers, Mrs Robyn Willey

In partnership,

The Lilly Pilly Team